

Gulf District Schools

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AUGUST, 2017
LUNCH MENUS

Aug 15, 2017

Monday	Tuesday	Wednesday	Thursday	Friday
Aug - 14 CORN DOG FRENCH FRIES GREEN BEANS MUSTARD KETCHUP STRAWBERRIES MILK - Variety SALAD, TOSSED RANCH DRESSING CRACKERS	Aug - 15 HAMBURGER ON A B DIRTY POTATOES LETTUCE & TOMATO FRUIT COCKTAIL KETCHUP MAYONNAISE MUSTARD MILK - Variety SALAD, TOSSED RANCH DRESSING CRACKERS	Aug - 16 CHICKEN & RICE CABBAGE STEAMED APPLESAUCE, SWEET Graham Crackers ROLLS, 2 OZ. (FLOWE MILK - Variety SALAD, TOSSED RANCH DRESSING CRACKERS	Aug - 17 HAM SANDWICH Cheese, stick QUICK BAKED POTAT PICKLES, DILL STRAWBERRIES LETTUCE & TOMATO KETCHUP MUSTARD MAYONNAISE MILK - Variety SALAD, TOSSED RANCH DRESSING CRACKERS	Aug - 18 BBQ Turkey on Bun Tater Tots PINEAPPLE CHUNKS COLE SLAW KETCHUP MILK - Variety SALAD, TOSSED RANCH DRESSING CRACKERS
Aug - 21 CHICKEN FAJITAS CORN CHEESE, CHEDDAR S LETTUCE & TOMATO ORANGE JUICE SALSA MILK - Variety SALAD, TOSSED RANCH DRESSING CRACKERS	Aug - 22 PIZZA W/PORK TOPPI GREEN BEANS GARDEN SALAD KETCHUP PEARS MILK - Variety SALAD, TOSSED RANCH DRESSING CRACKERS	Aug - 23 SPAGHETTI AND MEA GREEN BEANS PEACHES ROLLS, 2 OZ. (FLOWE MILK - Variety SALAD, TOSSED RANCH DRESSING CRACKERS	Aug - 24 BREADED POPCORN BAKED BEANS COLE SLAW STRAWBERRIES HUSH PUPPY MILK - Variety SALAD, TOSSED RANCH DRESSING CRACKERS	Aug - 25 CHICKEN NUGGET MACARONI AND CHE MIXED VEGETABLES APPLESAUCE, SWEET MILK - Variety SALAD, TOSSED RANCH DRESSING CRACKERS
Aug - 28 HOT DOG ON A BUN HOT DOG, REGULAR (FRENCH FRIES GREEN PEAS MUSTARD KETCHUP CHOCOLATE CAKE MILK - Variety	Aug - 29 BEEF-A-RONI GREEN BEANS PEACHES ROLLS, 2 OZ. (FLOWE MILK - Variety SALAD, TOSSED RANCH DRESSING CRACKERS	Aug - 30 HAMBURGER ON A B DIRTY POTATOES LETTUCE & TOMATO FRUIT COCKTAIL KETCHUP MAYONNAISE MUSTARD MILK - Variety SALAD, TOSSED RANCH DRESSING CRACKERS	Aug - 31 TURKEY W/CHEESE S QUICK BAKED POTAT HAMBURGER BUD (FL LETTUCE & TOMATO APPLE CRISP KETCHUP MUSTARD MAYONNAISE MILK - Variety SALAD, TOSSED RANCH DRESSING CRACKERS	

ALL BREAD PRODUCTS MUST BE WHOLE GRAIN.

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.